

Happy? 2 – Holy & Happy

- **GOALS & GUIDELINES:**
- **ICEBREAKER: What is something that could happen to make you the opposite of happy?**
- **AGREEMENT PRAYER**
- **PRAISE**
- **SCRIPTURE READ**

Happiness is being at peace with God, others, and yourself. **Q- Did you experience a happy peace this week? Tell us about it?**

Last week - NO-THING can make us happy. Our life is better when we focus on WHO and not WHAT.

The other H word – Holiness. Q- What is Holiness?

Holiness is to be holy like God. **Q- How is God Holy?**

Here is a phrase that you may hear around religion... “God calls us to holiness, not happiness.” **Q- What do you think of this phrase?**

Our icebreaker asked about the opposite of happy. Some assume that HAPPINESS & HOLINESS are oppositional terms.

What does holiness look like in our life and is it the opposite of happiness? Let’s look at scripture.

Q- Is Galatians 4:22-23 a picture of holiness or happiness? Explain. (Both is the answer we are looking for!)

Q- In Psalm 1:1-3 do we find holiness or happiness? Explain (Both...)

Holiness and happiness are not opposites!

Q- Can an unholy life truly be happy? Why?

Q- Does anyone have a story about finding happiness in surrendering to God?

God calls us to happiness through holiness.

Q- Do you agree that many people confuse happiness with getting what they want, when they want? Is Happiness about getting what you want when you want? Why or why not?

Q- Let’s be transparent. Have you been looking for happiness in the wrong situations? How can we help one another?

Internal Q- Is your happiness built on Jesus? Are you holy & happy? Are you ready to change some things about your life? Will you go public and talk with someone in this group? Will you repent of the unhappy areas of your life that are not built on Christ? Do you believe happy days are in your future? **{Pray}**

VISION- A life of Holiness and a life of Happiness. God wants us to have both. *BAPTISM SUNDAY IS THIS SUNDAY! COME CELEBRATE!!!*

Goals and Guidelines

1. Grow in relationship with each other

2. Grow in relationship with God

3. Grow in number and multiply

- This is a non-denominational meeting where everyone's thoughts, ideas, and opinions are to be respected. Everyone is welcome and we encourage all to share their feelings.
- We will not argue or debate!
- We place God's Word as the highest authority.
- We all share equally in the ownership of this Connect Group, therefore we will all participate in hosting meetings from house to house on a weekly basis.
- We will be committed to attendance and arriving on time.
- When sharing, we follow 3 simple rules...
 - Stay on subject, Keep it short & Keep all comments appropriate.
- We will build confidence and trust with each other and become transparent.
- What is said in here stays in here. No gossip!
- Last but not least... We will invite others to our Connect Group!

Psalm 1:1-3 NIV

Blessed is the one who does not walk in step with the wicked or stand in the way that sinners take or sit in the company of mockers, but whose delight is in the law of the Lord, and who meditates on his law day and night.

That person is like a tree planted by streams of water, which yields its fruit in season and whose leaf does not wither— whatever they do prospers.

Galatians 5:22-23 NIV

But the fruit of the Spirit is love, joy, peace, forbearance(longsuffering), kindness, goodness, faithfulness, 23 gentleness and self-control.

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