

## GREATER REWARD—1 HELP, I'M OUT OF CONTROL!

Know about most you—Want something different! (2021—Virus)  
Lose weight—Pay off debt—Better marriage—Closer God!

Goal—Start strong—Fade w/in weeks/days! (Not alone)

---

Paul—Risen X—(Raised dead)—Wrote almost (1/3) NT

*<sup>15</sup> I don't really understand myself, for I want to do what is right, but I don't do it. Instead, I do what I hate...<sup>18</sup> I want to do what is right, but I can't. <sup>19</sup> I want to do what is good, but I don't. I don't want to do what is wrong, but I do it anyway...<sup>24</sup> Oh, what a miserable person I am! Who will free me from this life that is dominated by sin and death? Romans 7:15, 18-19, 24 NLT (Hold answer) (Crazy)*

Title—**Help, I'm Out of Control**—(Pray)

---

Discipline—Bad rap!

- **Discipline is choosing what you want most over what you want now.**
  - Most similar goals/hopes/desires—Different results!
  - Good marriage—(Divorced 4x)
  - Healthy—Out shape—Winded 1 flight stairs—Bad beach
  - \$ Strong—Paycheck—Fight—Bankruptcy
-

- 
- **Desires don't determine who you become.**
  - **Disciplines determine who you become. (Hope/Habits)**
- 

More disciplined—Better habits—Fail?

- **Willpower doesn't work.**

Like a muscle—Work too hard—Tired—Gives out!

Donuts office!

---

Xians—Supposed do good—Not do bad!

(Good)—Pray—Read bible—Nice—Serve—Generous!  
(Not bad)—Don't Lie—Cheat—Steal—Yell store—Karen.

TRY—Sinful desires overwhelm waning willpower—Give in!  
Took it—Smoked—Touched—Clicked on it—Bought—Ate whole

---

Before you fail—Devil tells you, “No big deal!”  
After fail—Devil tells you, “You're horrible!” (**Identity matters**)

<sup>24</sup> *Oh, what a miserable person I am!* Rom 7:24 NLT (wretched)

---

**(Cycle of Shame) I'm Bad**

**Try Hard—Willpower Weakens—Inevitable failure!**

**Guilt and Shame—Bad Person—Cycle continues!**

---

---

**Something's Not Working—Missing Something!  
Not Something—Someone!**

<sup>24</sup> ...Who will free me from this life that is dominated by sin and death? <sup>25</sup> Thank God! The answer is in Jesus Christ our Lord.  
Rom 7:24-25 NLT

Not talking Behavior Modification—Spiritual Transformation!

---

**(Identity)—Not what did—Someone says—U think—GOD!**

**You Belong to Jesus—I belong to J!**

**Not a slave to sinful desires—Filled Spirit gives strength!  
Spirit empowers you to choose what want most/now.**

---

<sup>16</sup> So I say, walk by the Spirit, and you will not gratify the desires of the flesh. Gal 5:16

- **Flesh—*Sarx* (147 NT)—Flesh (~~Skin~~), Fallen sinful nature.**

Paul said Phil 3—We don't put any confidence flesh! (willp)

- ***Peripateo*—(Present tense verb)—Continuous regular action.  
Habitual way of life.**
-

---

Xianese—Bless brother—Hallelujah—Blessed/Highly favor

Taking “Step of Faith”—Take another one! Another!  
Walk by Faith—Not Sight!

Walk w/Spirit—Succession of Steps—Becomes a Habit!

---

Walking not running... Takes a little while! (Greater)

Rewards of flesh—Immediate (Cookie/Text)

Strong intimate marriage—Godly legacy—Financial freedom  
Lasting ministry—Greater Reward—Time.

---

**I Belong to Jesus**

**Depend on Spirit**

**Builds My Faith**

**Empowers Right Actions**

**Closer to God**

---

---

**Not Shame driven—Spirit led!**  
**Not trying to control my flesh—Depending on Spirit of God**

Because I belong to Jesus  
Empowering me to become more like him.

Not striving for the RESULT—Living from IDENTITY!

Identity Drives Actions—Actions Create Results!

---

Belong J—Don't try read Bible—Want to—Closer!  
Honor God—Wake up early—Workout—Eat right—Feel good!  
Godly husband—No need porn—Love free/guilt/intimacy!

W/God's help—Choosing what you want most/now.

Easier for you preacher—Naturally disciplined

---

My parents raised broken homes—Long line addictions.

**Dangerously addictive personality—Scared unworthy!**

---

**Wretched—Not good enough!—Identity!**

**Belong to Jesus—I am disciplined.  
Christ's power in me is stronger wrong desires in me!**

**Faithful—Because—X in me is stronger!**

---

**None of us have the willpower!**

**Little secret—If you're Xian  
Self-Control... Fruit of the Spirit!**

*But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control. Gal 5:22-23 ESV*

---

**What do you want MOST?  
Not just what do you want—WHO do you want to become?**

**God's Spirit in you  
Helps you choose what you want most/now.**

---