

# Free Starter Profile

## Realized Strengths

Use wisely

## Unrealized Strengths

Use more

## Learned Behaviors

Use when needed

## Weaknesses

Use less



### Self-belief

You are very confident and self-assured, with an unwavering belief in your abilities



### Spotlight

Whether in a meeting or in a social gathering, you naturally speak up and hold the floor



### Optimism

You always see the best side of any situation and look on the bright side of life



### Feedback

You like giving people both positive and negative feedback



### Bounceback

Whatever the setback you come up against, it can make you more determined to succeed



### Incubator

You like to think, to ponder and to reflect as often as possible



### Adherence

You have learned how to focus on following a given approach carefully and diligently



### Compassion

You know that it is important to care about the people around you



### Time Optimizer

You feel relaxed about how you spend time, and tend not to worry about squeezing more out of every minute

## Learn more about the 60 strengths featured in Strengths Profile

**Action****Adaptable****Adherence****Adventure****Authenticity****Bounceback****Catalyst****Centered****Change Agent****Compassion****Competitive****Connector****Counterpoint****Courage****Creativity****Curiosity****Detail****Drive****Emotional Awareness****Empathic****Enabler****Equality****Esteem Builder****Explainer****Feedback****Gratitude****Growth****Humility****Humor****Improver****Incubator****Innovation****Judgment****Legacy****Listener****Mission****Moral Compass****Narrator****Optimism****Organizer****Persistence****Personal Responsibility****Personalization****Persuasion****Planner****Prevention****Pride****Rapport Builder****Relationship Deepener****Resilience****Resolver****Self-awareness****Self-belief****Service****Spotlight****Strategic Awareness****Time Optimizer****Unconditionality****Work Ethic****Writer**

# Develop Your Strengths Further

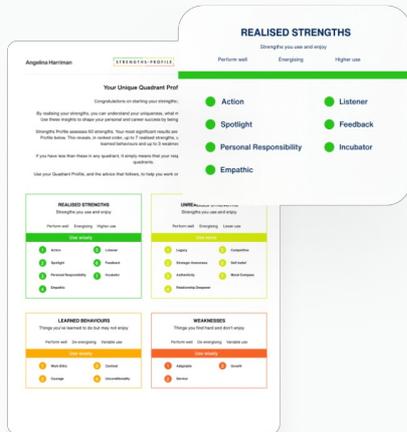
## Upgrade Your Profile

### Introductory Profile

Strengths quadrant revealing up to:

- 7 realized and 7 unrealized strengths, 4 learned behaviors and 3 weaknesses
- Descriptions and development advice for each of the above
- **Your Potential** action advice and tips to use and develop your unrealized strengths to release your potential
- **Careers Guide** revealing 8 job sectors that match your strengths so you can make conscious career choices and love your job

[Learn More](#)



### Expert Profile

A more detailed Profile including:-

- Your 60 strengths revealed within the 4 quadrant categories
- Your 60 strengths revealed within the 5 strengths families
- **Your Potential** action advice and tips to use and develop your unrealized strengths to release your potential
- **Careers Guide** revealing 8 job sectors that match your strengths so you can make conscious career choices and love your job

[Learn More](#)



### Leader Profile

A more detailed Profile including:-

- Your 60 strengths revealed within the 4 quadrant categories
- Your 60 strengths revealed within the 5 strengths families
- **Your Potential** action advice and tips to use and develop your unrealized strengths to release your potential
- **Careers Guide** revealing 8 job sectors that match your strengths so you can make conscious career choices and love your job

[Learn More](#)

